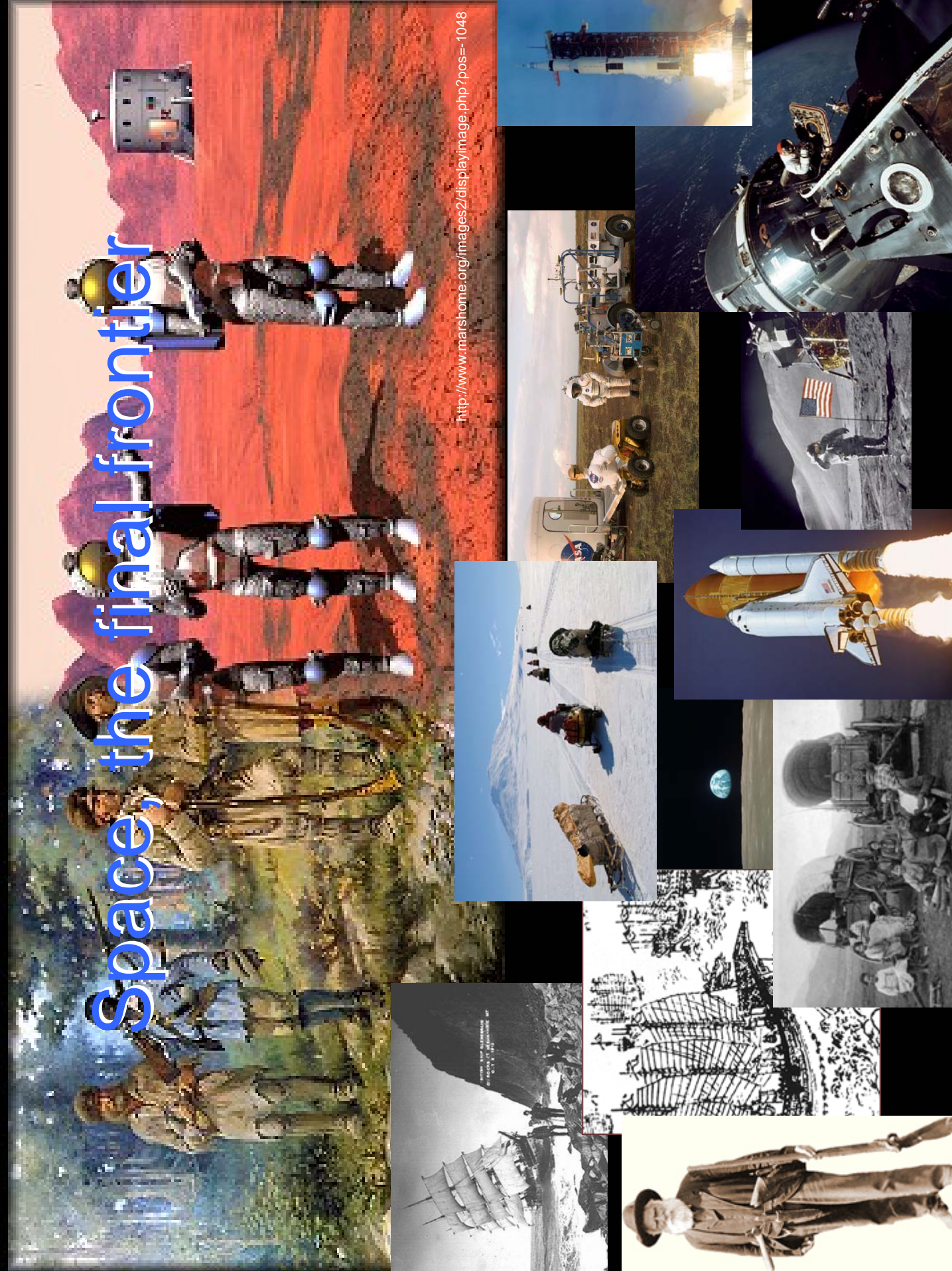
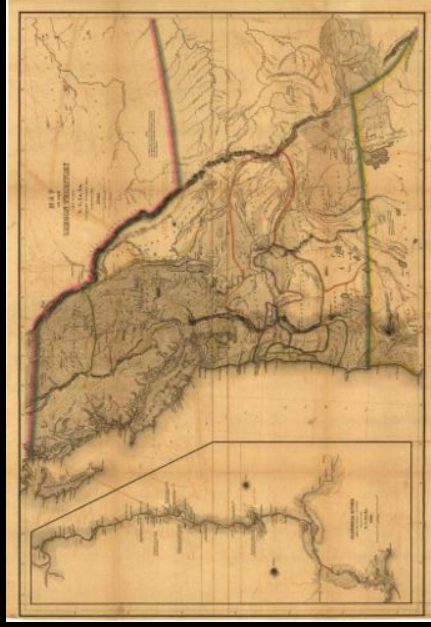


Space, the final frontier



<http://www.marshome.org/images2/displayimage.php?pos=-1048>

Past Exploration Missions



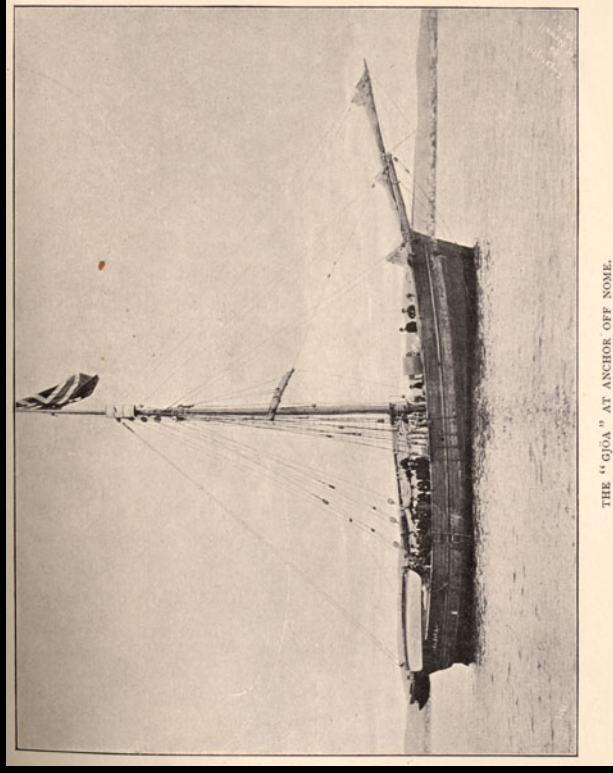
Map of Pacific Northwest



Henry Hudson



Celebration of
Columbus' journey



The Gjoa-Edmundson's ship for
the Northwest Passage voyage



The Vincenne, Wilkes' ship
for discovery of Antarctica



Cheng Ho's voyages

How Do Explorers Travel?



Horseback



Ship



Lunar rover



Space shuttle



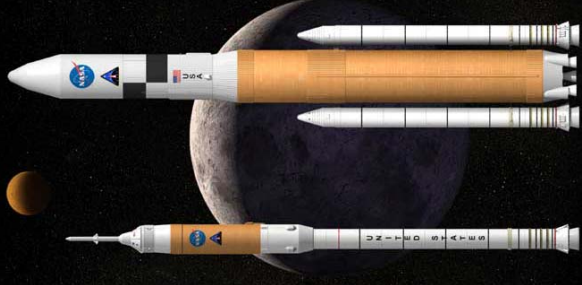
Canoe



Foot



Covered wagon

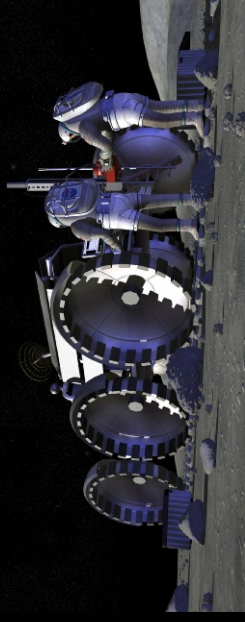
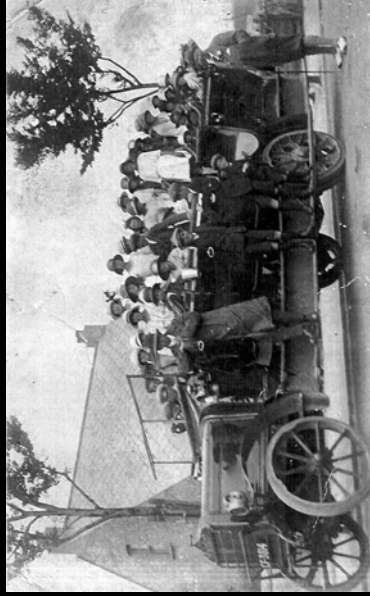
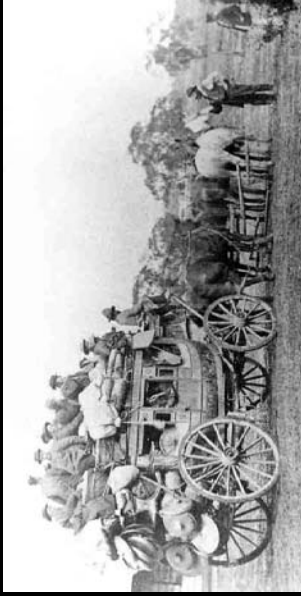


Ares and Orion



Saturn V

Wheels in the past, wheels in the future

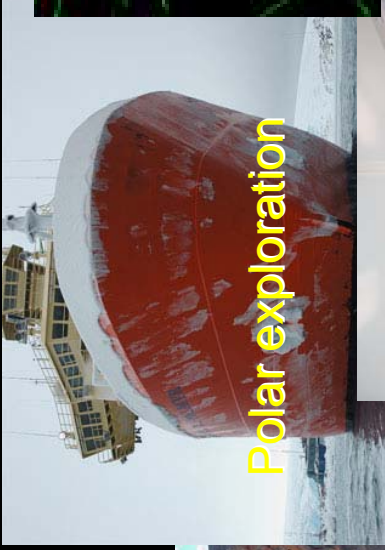


©John Chiarello

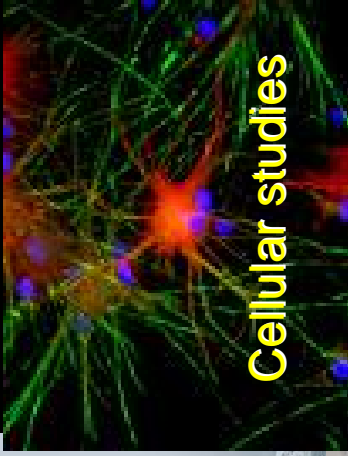
Current Earth Exploration Missions



Extreme environments



Polar exploration



Cellular studies



Deep sea exploration



Scientific discovery



Earth's crust



Antarctica



Rainforest



Undersea habitats



What Challenges Facing Explorers Are the Same?



Basic needs:

- Food
- Water



The unknown:

• Air

• Shelter



What will be there when we get there?



What will it be like?

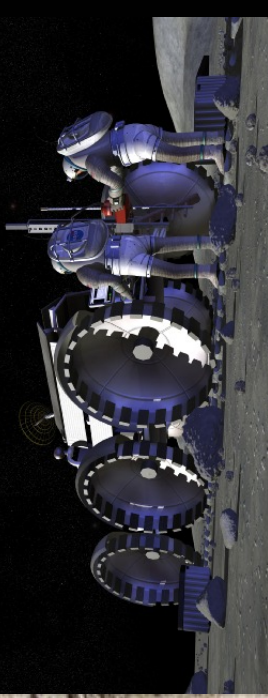


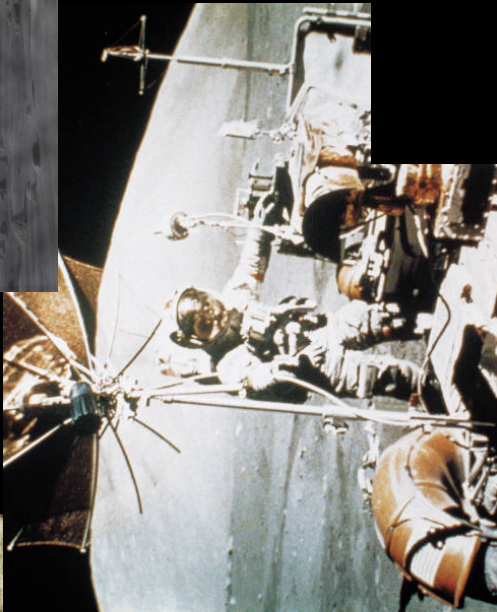
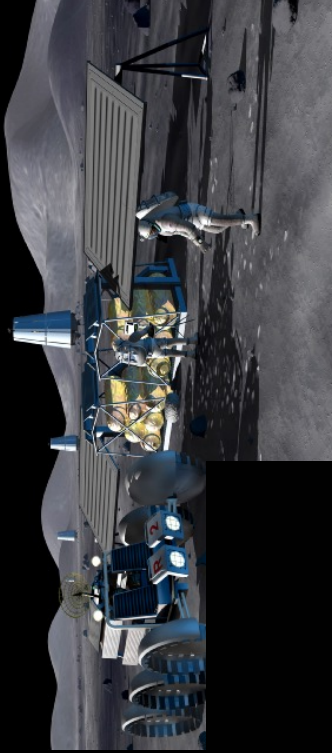
Transportation:

How do we get there?



I am going to miss my friends





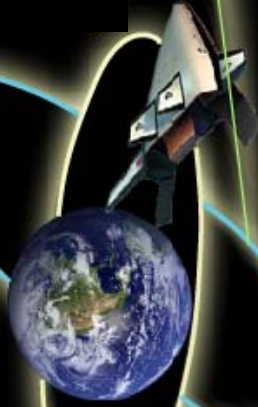
Exploration Timeline

4-6 crew to lunar surface
for extended-duration stay

2015 - 2020

Long duration human
lunar exploration

2020 - TBD



2008 - 2014

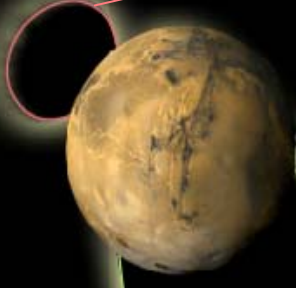
Transportation System to
Low Earth Orbit

2025+

Human exploration
to Mars vicinity

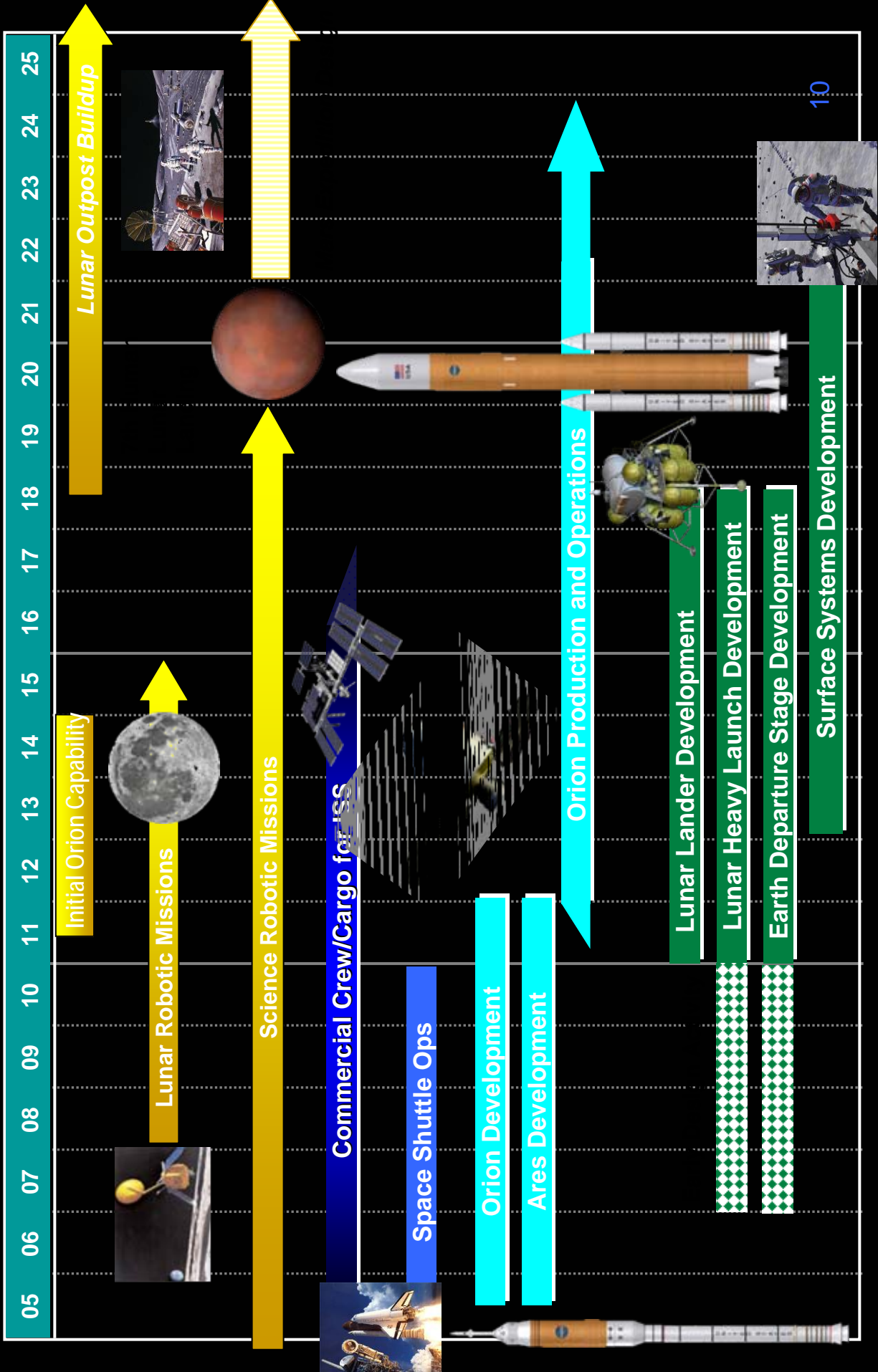
2030+

Human exploration
of Mars surface



NASA's Exploration Roadmap

1st Human
Orion Flight



The Moon – the First Step to Mars and Beyond....

- Gaining significant experience in operating away from Earth's environment
 - Space will no longer be a destination visited briefly and tentatively
 - “Living off the land”
 - Human support systems



- Developing technologies needed for opening the space frontier

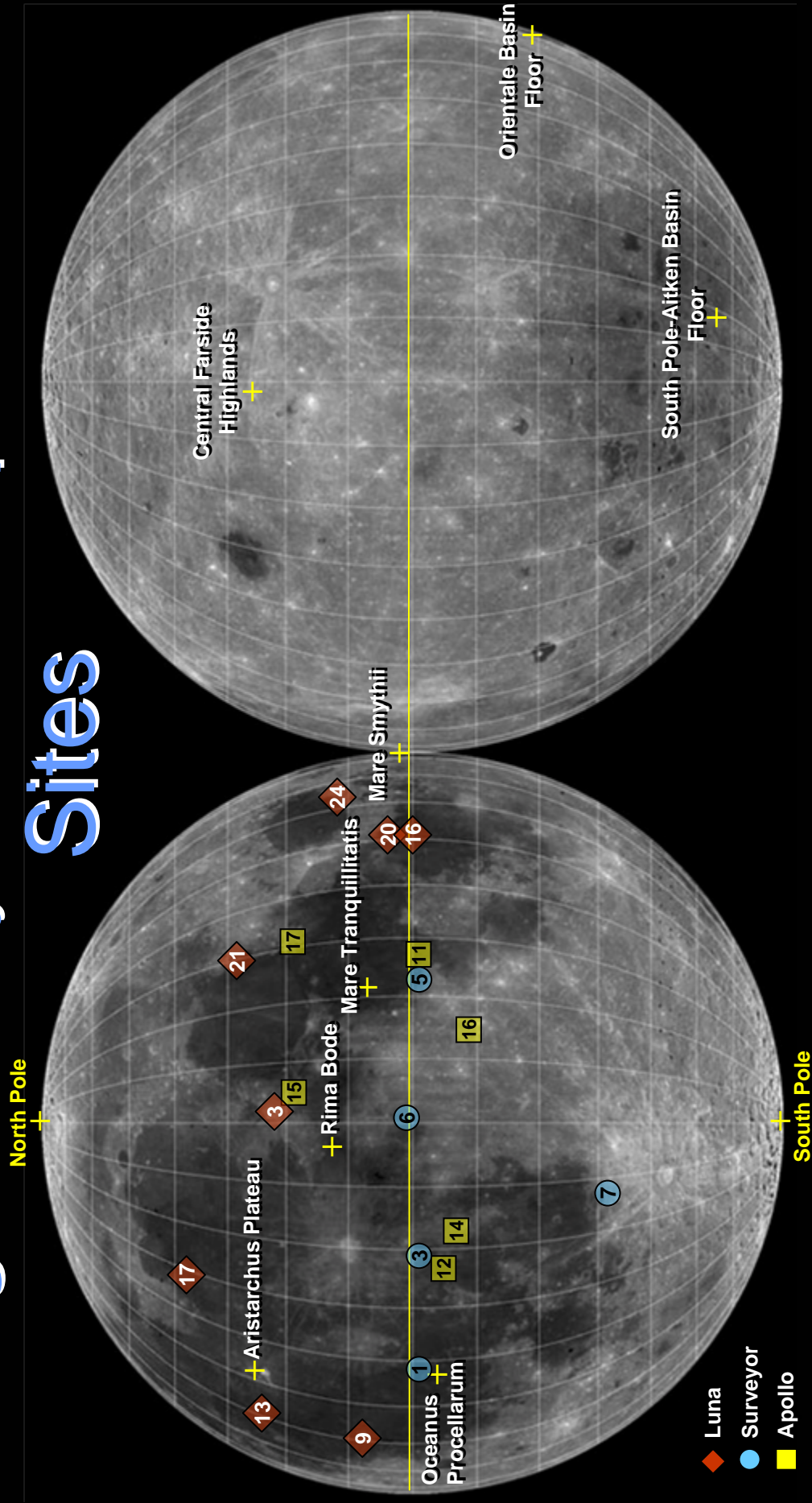
- Crew and cargo launch vehicles (125 metric ton class)
- Earth ascent/entry system – Crew Exploration Vehicle



- Conduct fundamental science
 - Astronomy, physics, astrobiology, historical geology, exobiology

Next Step in Fulfilling Our Destiny As Explorers 11

High Priority Lunar Exploration Sites

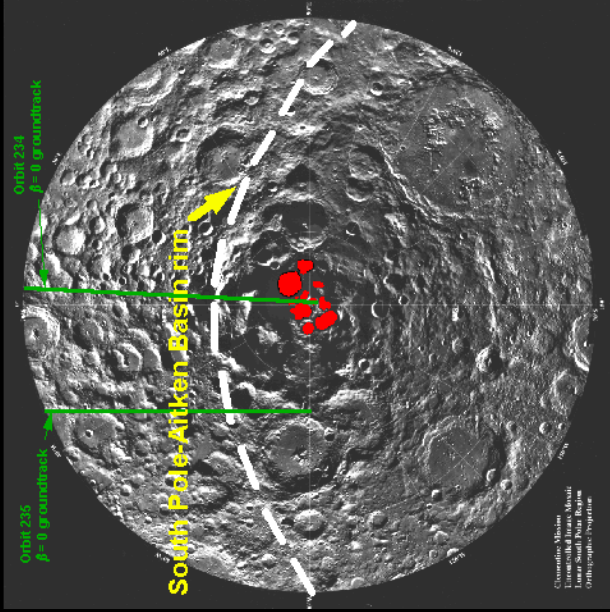


Near Side

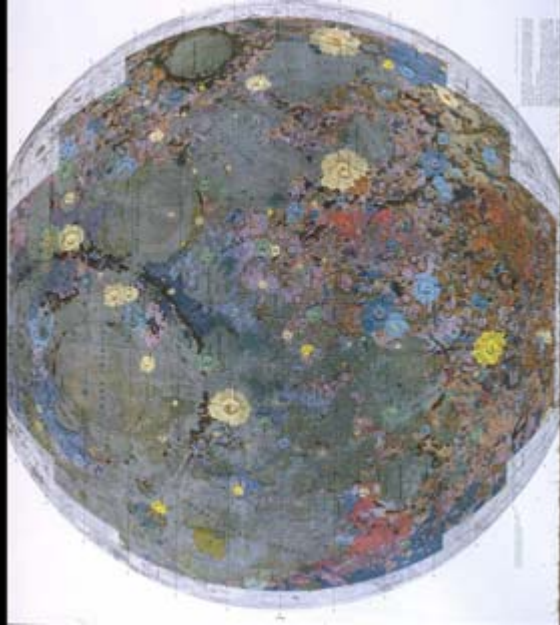
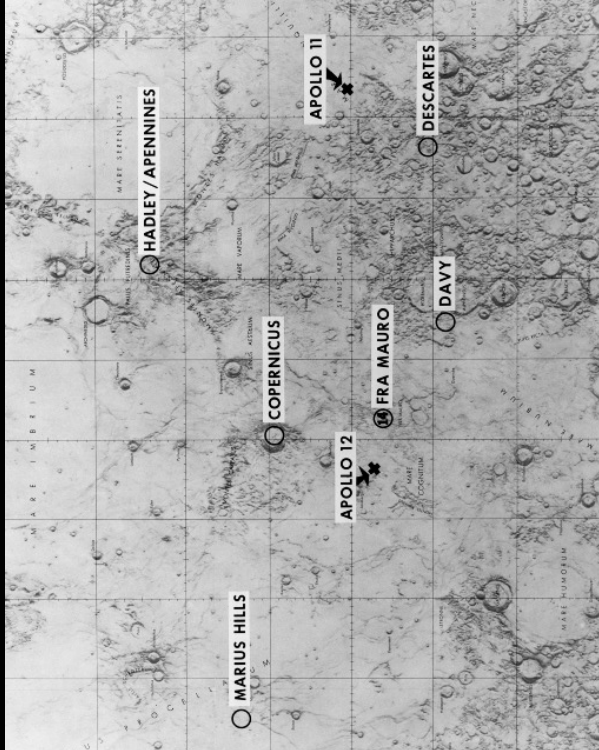
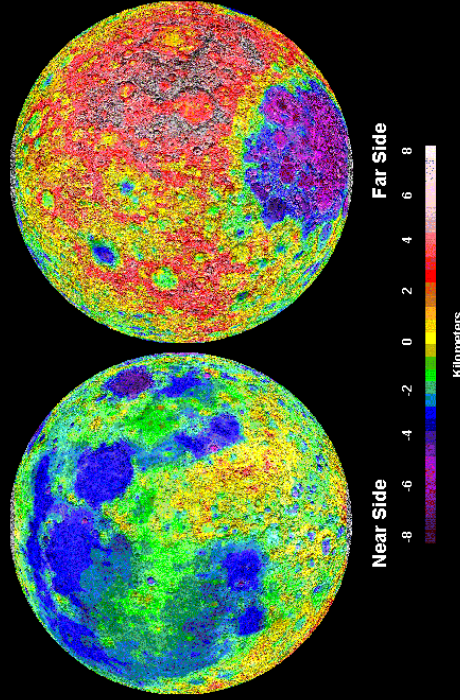
Far Side

Moon Maps

Clementine Map of the South Polar Region of the Moon



Clementine Topographic Map of the Moon
Contour Interval - 500 m



Components of Program Constellation

Earth Departure Stage



**Orion - Crew
Exploration Vehicle**



**Heavy Lift
Launch
Vehicle**



**Crew Launch
Vehicle**

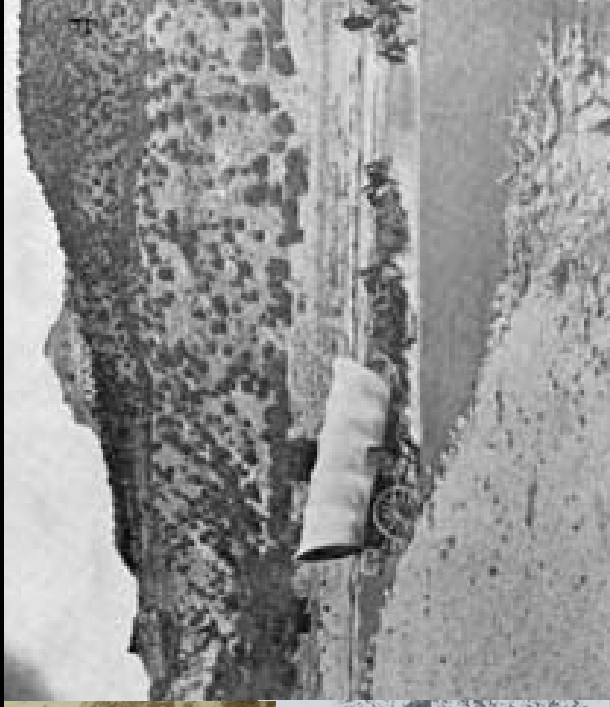
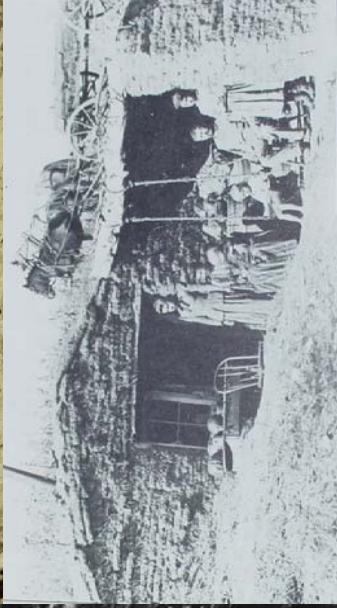


**Lunar
Lander**



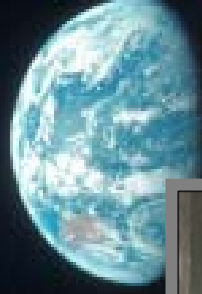
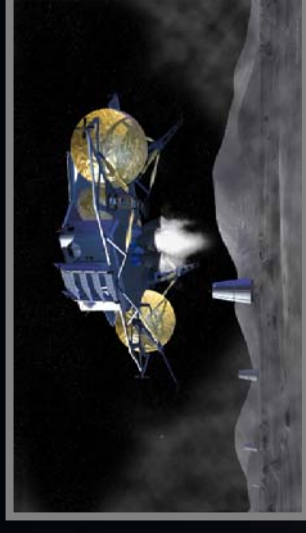
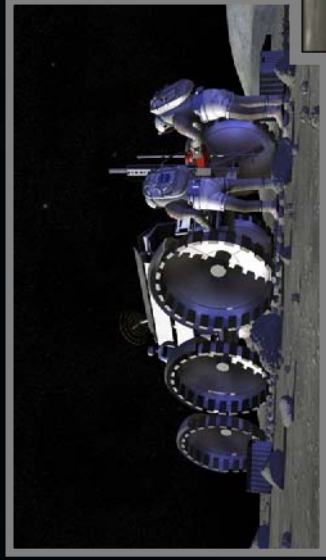
Frontier Life In History

- Challenging physically, emotionally, and socially
- Frontier was the great unknown!
- In order to survive, one needed food, water, and shelter
- Had to bring everything they might need with them
- Without first explorers, discovery would have been impossible
- Explorers in history were important to the expansion of the human race

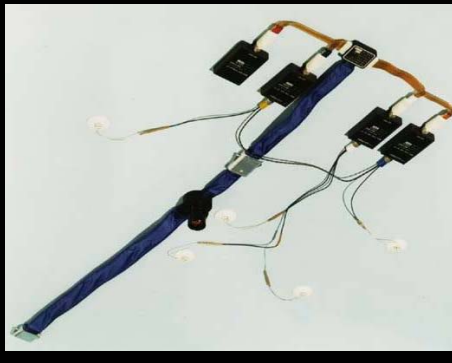


Frontier Life On The Moon

- Challenging physically, emotionally and socially
- The lunar frontier is the great unknown!
- In order to survive, space explorers will need food, water, shelter, and air
- Our lunar explorers will need to bring everything they'll need with them
- The explorers will set up habitat missions, science missions, & commercial ventures
- Future generations will use the knowledge gained from these initial mission to journey through out the galaxy



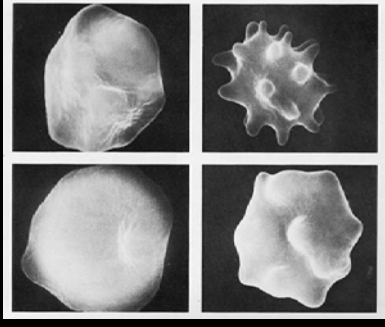
History of Space Life Science



Gemini Project

Mercury Project

Apollo Space Life Science



- Cardiovascular evaluations
- Vestibular assessment
- Light flash investigations
- Radiation shielding and effects
- Clinical biochemistry
- Effects of cosmic rays
- Endocrinology, electrolyte and fluid volume assessment
- Exercise response
- Hematology and immunology studies
- Metabolism and heat dispersion during EVA
- Microbial responses
- Nutritional studies
- Skeletal response

Skylab Space Life Science



- Muscular De-conditioning and its Prevention
- Radiological Protection and Medical Dosimetry
- Microbiology Studies
- Immunity In-vitro
- Pulmonary Function and Evaluation
- Bone Mineral Measurement



- The Effects of Prolonged Exposure to Weightlessness on Postural Equilibrium
- Bio-Assay of Body Fluids
- Special Hematological Effects
- Sleep Monitoring
- Human Vestibular Function



Stressors



Bone



Nutrition



Muscle



Cardiovascular



Psychosocial



Central nervous system



Sensory perception



Sleep

Stressors



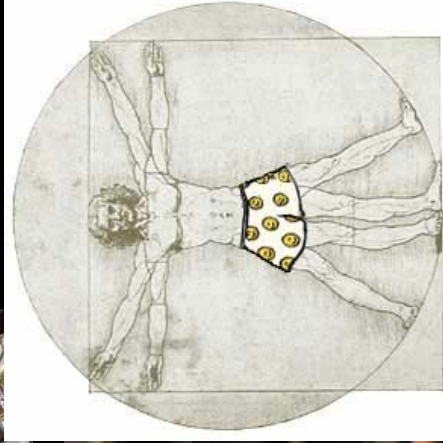
Gravity



Isolation



Radiation

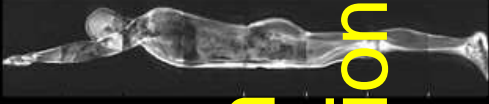
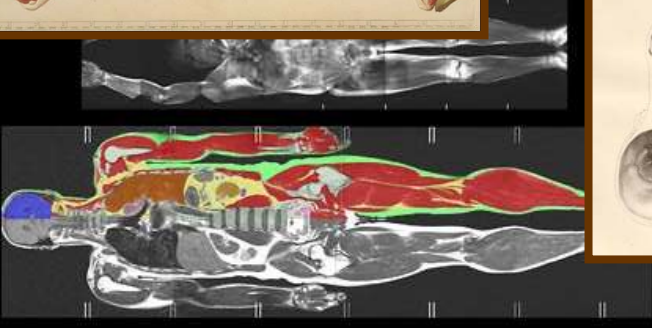


Light/dark transitions

- Gravity effects on the Body
 - Adaptation (bone and muscle loss, alterations to the immune system, changes in cardiac function)
- Isolation effects on interpersonal behavior, changes in the immune system
- Radiation effects on human systems (immune, eyes), effects on food and medications, effects on instruments
- Light/Dark cycle impacts on circadian rhythm, change in sleep habits overall performance

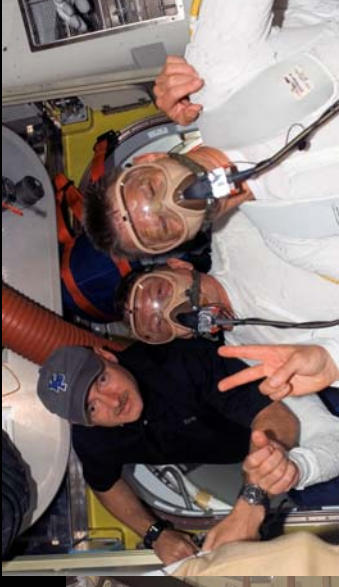
Space & the Human Body

- Atrophy of muscles
- Loss of bone mass
- Changes in blood volume and cardiovascular system
- Issues with food and nutrition
- Changes in the immune system
- Changes in balance, hand-eye coordination
- Exposure to radiation



Human Factors-Behavior and Performance

- Isolation from family
- Sleep & workload
- Social interaction
- Psychological well-being
- Privacy and personal space
- Recreational activities



Environmental Factors Effecting Humans in Space



- Clean water
- Nutritious food
- Breathable air
- Acceptable noise and vibration limits
- Exposure to radiation



Medicine and Human Health in Space

- Medical support
- Health assessments
- Exercise
- Personal hygiene
- Stability of pharmaceuticals



As I stand out here in the wonders of the unknown at Hadley, I sort of realize there's a fundamental truth to our nature, Man must explore . . . and this is exploration at its greatest.

~Dave Scott, Commander Apollo 15, upon becoming the 7th man to walk on the Moon, 31 July 1971.

